Panel 69 February issue #1



Area Website: www.area17aa.org

\*March 2019 – Committee Meeting – March 9, 2019 Kihei District 11 DCMs, Area Standing Committee Chairs, and Area Officers are required.

\*April 2019-Inform the Delegate April 27-28, 2019 Tri-Island District 13 GSRs, DCMs, Area and District Standing Committee Chairs, Area Officers, others as necessary.

\*June 2019-Committee Meeting-June 15 or 22, 2019 Hilo/Hamakua District 7 DCMs, Area Standing Committee Chairs, and Area Officers are required.

\*August 2019-Budget Assembly-Central/North Shore District 9 GSRs, DCMs, Area and District Standing Committee Chairs, Area Officers, others as necessary. Actual dates to be determined.

\*October 2019-Committee Meeting-Windward District 4 DCMs, Area Standing Committee Chairs, and Area Officers are required. Actual dates to be determined.

Articles to: <a href="mailto:mynahbird@area17aa.org">mynahbird@area17aa.org</a>

Contributions Mailing Address: **Hawaii Area Committee** 1253 Beretania St., #2107 Honolulu, HI 96814-1822 (Please include district # and group name.)

## **General Service Board**

P.O. Box 459, Grand Central Station. New York, NY 10163 (Please include group service # and group name.)

# Panel 69 Area Officer's:

Delegate - Coleen A. Maui
Alternate Delegate - Kunane D. Oahu
Chair - Tommy G. Big Island, District 8
Alternate Chair - Deborah S. Oahu, District 4
Secretary - Eric V. Oahu, District 4
Treasurer - Rachel S. Maui
Registrar - Karen N., Maui

## Panel 69 Standing Committee Chairs:

Archives - Lisa B. (Oahu)
Convention Steering - Judy C. (Oahu)
Cooperation with the Elder Community - Mare L. (Maui)
Cooperation with the Professional Community - Brian K. (Kauai)
Corrections - Sean C. (Maui)
Grapevine - Julie G. (Oahu)
Mynah Bird - Ernest S. (Oahu)
Public Information - Deborah L. (Oahu)
Treatment - Brian A. (Oahu)
Website - Val V. (Oahu)

Aloha Hawaii Area Panel 69. I'd like to thank you for allowing me to be of service as your Mynah Bird Chair. My goal, as your Mynah Bird Chair will be to help keep the fellowship of Alcoholics on different islands informed on what's happening with our Area, our Intergroup, our meetings, YPAA and upcoming events and activities. You may also e-mail me at mynahbird@area17aa.org. If there's anything you'd like to share with the fellowship. Let's get everone onboard and a part of. As it states in our literature "All inclusive; never exclusive....BB We Agnostics, p.46

### SPONSORSHIP IN SERVICE

- Do you have a Service Sponsor?
- Do you make yourself available as a Service Sponsor?

Sponsorship in AA is basically the same, whether in helping another individual's recovery or in service to a group. It can be defined as one alcoholic who has made some progress in recovery and/or performance or service, sharing this experience with another alcoholic who is just starting the journey. Both types of service spring from the spiritual aspects of the program. Individuals may feel that they have more to offer in one area than in another. It is the service sponsor's responsibility to present the various aspects of service: setting up a meeting, working on committees; participating in conferences, etc. In this matter, it is important for the service sponsor to help individuals understand the distinction between serving the needs of the Fellowship and meeting the personal needs of another group member. The service sponsor begins by encouraging the member to become active in their home group coffee, literature, cleanup, attending business meetings or Intergroup meetings, etc. The service sponsor should keep in mind that all members will not have the desire or qualifications to move beyond certain levels and, thus, the service sponsor might help find tasks appropriate to individuals' skills and interests. Whatever level of service one performs, all are toward the same end sharing the overall responsibilities of Alcoholics Anonymous. Eventually, the service sponsor encourages the individual member interested in this form of service to attend district meetings and to read about the history and structure of Alcoholics Anonymous. At this point, the individual beginning this work should begin to understand the responsibilities of service work, as well as feel the satisfaction of yet another form of Twelfth Step work. Such individuals should be encouraged to take an active part in district activities and consider being elected to alternate positions in the district so as to learn about the responsibilities of various jobs in the service structure. During this process it is important for the individual to continue to learn about the three Legacies--Unity, Recovery and Service, and to understand that the principle of rotation not only allows them to move on in service, but also gives newer members the privilege of serving. Rotation also allows them to understand that no one should hold on to a position of trust long enough to feel a proprietary interest and thereby discourage newcomers Now, through knowledge and experience, the newer member is aware that from service. service is our most important product after sobriety. With this knowledge, the individual is able to share their vision with others and ensure the future of Alcoholics Anonymous.

------The above section on service sponsorship has been quoted directly from the AA pamphlet Questions and answers on Sponsorship. With permission from AAWS.

What is a GSR (General Service Representative)?

"The General Service Representative is the group's link with the General Service conference, though which U.S. and Canadian groups share their experience and voice AA's collective conscience. Sometimes called the "Guardians of the Traditions," ... GSRs also may assist their groups in solving a variety of problems, especially those related to the Traditions. " (excerpts from "The AA Group," pamphlet pp. 26-27)

Why do we need a GSR? Our group is already registered.

"AA runs its own affairs, without any outside interference. So each AA group needs to make its voice heard on overall AA policies. Each group has its say in worldwide AA though its ... GSR. If a group does not have a GSR, it is isolated from the rest of the fellowship. It does not participate in the group conscience of AA as a whole." (excerpts from "Circles of Love and Service" pamphlet)

"Through your GSR, your group is strengthened by the shared experience of the other US and Canadian groups, just as your own sobriety is strengthened by the shared experience of other AA members." (excerpts from the GSR pamphlet)

Remember the following principles, and you can't go wrong:

- \*Principles before personalities.
- \*Don't take yourself too seriously.
- \*Our primary purpose is to help the alcoholic who still suffers.
- \*Whether we show it or not, we DO appreciate your service.



### IS YOUR GROUP LINKED TO A.A. AS A WHOLE?

Most groups in the United States and Canada choose to be linked to A.A. as a whole by listing the group with the General Service Office (G.S.O.), as well as with the Area Assembly, district and local central/intergroup office.1 Groups listed with G.S.O. have either General Service Representatives (G.S.R.s), or "group contacts," who act as channels for two-way information and shared experience. Once a group is listed with G.S.O., the group information is shared with the Area Assembly via the delegate. Group information may be first received by the Area, which then shares the information with G.S.O.

What's the point? Each group linked to the local general service structure is automatically a part of the "group conscience" of A.A. in Canada and the U.S. through their G.S.R.'s participation in district meetings and Area Assembly. Each G.S.R. communicates his or her group's "conscience" on important matters of policy considered by the district and Area Assembly. During the Annual General Service Conference, the Area's groups are represented by their elected delegate. Groups in our listings are included in the confidential domestic directories<sup>2</sup> published annually, which provide contact information for traveling A.A. members.

New groups listed with the General Service Office are assigned an identifying service number (ID),<sup>3</sup> receive a "Group Handbook" (through their G.S.R. or group contact), and are included in mailings sent to all listed A.A. groups. For instance, groups receive our quarterly newsletter Box 4-5-9 that keeps them informed on policies being considered by the Conference, changes to A.A. literature, and when and where their Regional Forum will be held (Forums are weekend gatherings where current experience is shared). Additionally, G.S.R.s or group contacts for listed groups receive registration details for each International Convention, held every five (5) years.



PRAASA 2019 Irvine, CA March 1st – March 3rd 2019 Please join us for the 2019 Pacific Region Alcoholics Anonymous Service Assembly Hosted by Mid Southern California Area 9 in Irvine, CA

# \*The purpose of intergroup\*

Intergroup's primary purpose is to assist the AA groups in carrying the message of Alcoholics Anonymous to those who still suffer. Intergroup derives its legitimate authority from, and is responsible to the member groups which it serves.

Support our local Intergroup/Central Office

## ALCOHOLICS ANONYMOUS



Central Office Needs Volunteers! Click Me to find out more!

24-HOUR HELPLINE (808) 946-1438

2019 Spring Fling | February 23rd | 5p-10p | Meeting @ 5:30p & Dance to follow | Kauluwela Corps

1188 Bishop St. Suite 3406 Honolulu, HI 96813 (map)

Oahu Intergroup ended 2018 in the black we are happy to say. In 2019 we are looking to build on our prudent reserve and being more transparent with the body of AA on Oahu. Activities planed in the near future are the Spring Fling dance Feb. 23. Home Group Day March 23. Place and time should be out the firs week of February. Looking for a place for our Founders Day event. more information to come.

Jack G.
Intrem OIG Chair
chair@oahucentraloffice.com
I always know it's a good day when I wake-up above the grass.

## **Central Office**

(808) 244-9673 Phones Operate 24 hours

Office Hours
Monday through Friday:
10:00 a.m.—4:00 p.m.
Saturday: 10:00 am—1:00 p.

70 Central Ave., Suite One Wailuku, Maui HI 96793

Maui A.A. Web Site:

Email for Central Office info@aamaui.org

Intergroup and Central Office operate within the spiritual principles of A.A.'s 12 Traditions and 12 Concepts.





At Nawiliwili Beach Park
Cookout & Games. Meeting is a 5:00 pm



5:30pm Meeting then Birthday Potluck Every last Friday of the Month (bring good food!) Volleyball, Swimming, Good Fellowship, Fun, Sunset

### EAST HAWAII INTERGROUP MEETING

2nd Thursday — 5:30PM

Keaau Community Center 16-186 Pili Mua Street (Behind Police Station & Clinic) Mailing address: P.O. Box 10275 Hilo, Hawai'i 96721

## HILO-HAMAKUA DISTRICT MEETING

2nd Tuesday 5:30 PM 1407 Kapiolani Street, Hilo, Hilo (office at Church of the Holy Apostles) Mailing address: P.O. Box 484 Hilo, Hawai'i 96721

## PUNA DISTRICT MEETING

<sup>\*</sup>Big Island intergroup information\*





More information on this awesome movement will be in the upcoming Mynah Bird issue.